

# FAMILY SUPPORT NEWSLETTER

JUNE 2025

## COFFEE MORNING

A reminder about our coffee morning coming up on Tuesday 8<sup>th</sup> July in the library at Great Budworth. The theme, as requested by parents, is anxiety and resilience in children. Both schools are welcome to pop in for a drink with the option of staying for the full hour and a half.



## ATTENDANCE

Over the next couple of weeks, I will be calling parents who received an attendance letter last half term. This is to discuss any support you may need in improving attendance and if you feel there is anything school can do to help. If you miss the call or decide at a later date you would like some support please get in touch via the below email address.

## PARENTAL CONFLICT

Last half term, I completed some training with Cheshire West and Chester regarding Parental Conflict. It is an app/ website with 3 sections- 1. is targeted at new and expectant parents, 2. is targeted at parents experiencing high levels of stress and couple conflict and 3. is targeted at separating or separated parents experiencing high levels of conflict. I am available to guide you through this process if you feel that would be useful or you can use the

below link to sign up in your own time\_  
<https://www.oneplusone.org.uk/parents>

If anyone would like to contact me regarding family support my email address is [familysupport@antrobus.cheshire.sch.uk](mailto:familysupport@antrobus.cheshire.sch.uk)